

SUPPORT FOR MARYLAND RESIDENTS

The Alzheimer's Association chapters serving Maryland are here to help you find answers, local resources and continued support.

24/7 HELPLINE 800.272.3900

This free nationwide service, staffed by master's-level clinicians and specialists, provides confidential support and information to people living with the disease, caregivers, families and the public. Our translation service accommodates more than 200 languages. Dial 711 to connect with a TRS operator.

PROGRAMS AND SERVICES

The following chapter programs and services are available by phone and/or virtually:

Support groups: Facilitated by trained individuals, support groups provide an opportunity for caregivers, family members and others to dealing with the disease to share valuable information, caregiving tips and concerns throughout the Alzheimer's journey.

Care consultations: Provided by professionally trained staff, this free service offers personalized assistance to help families and caregivers better understand the disease, manage care, resolve conflicts, and plan for the future.

Education programs: Our free education programs are open to the public and cover topics such as warning signs and basics of the disease, caregiving, legal and financial planning, and healthy lifestyle choices for the brain and body. Presentations are available for companies and organizations.

We also offer conferences and trainings for caregivers and professionals throughout the year.

Early stage programs: These programs for individuals in the early stages of Alzheimer's and dementia and their care partners offer specialized information and support and social engagement opportunities to meet others in a relaxed and comfortable setting.

ABOUT OUR CHAPTERS

The National Capital Area Chapter serves the following counties in Maryland: Calvert, Charles, Montgomery, Prince George's, and St. Mary's. alz.org/nca

The Greater Maryland Chapter serves all other counties in Maryland. alz.org/maryland





ALZHEIMER'S ASSOCIATION ONLINE TOOLS

CAREGIVER CENTER

Caregivers may access information about early-stage caregiving, mid-stage caregiving, or late-stage caregiving. alz.org/care or click [here](#).

ALZCONNECTED®

Our online community to connect with other individuals living with early-stage Alzheimer's. You can share questions, experiences and practical tips via message boards or create private groups organized around specific topics. alzconnected.org or click [here](#).

ALZHEIMER'S NAVIGATOR®

An interactive online tool for people living with dementia and those who participate in providing care and making care-related decisions. This assessment tool evaluates needs, outlines action steps, and links the user to Alzheimer's Association chapter programs and local services. alznavigator.org or click [here](#).

COMMUNITY RESOURCE FINDER®

A comprehensive database of local programs and services, housing and care options, and legal experts all in one location, allowing you to quickly search, find and access support. communityresourcefinder.org or click [here](#).

LIVE WELL: ONLINE RESOURCES FOR PEOPLE WITH DEMENTIA

A collection of free interactive tools that helps you navigate the personal and emotional challenges accompanying an Alzheimer's diagnosis and provides personalized steps for living well with the disease. alz.org/livewell or click [here](#).

VIRTUAL LIBRARY

Search the online catalog, view resources chosen by dementia experts and download topic sheets and reports. alz.org/library or click [here](#).

TRAINING AND EDUCATION CENTER

The Association offers a number of Alzheimer's and dementia courses available online, 24 hours a day. alz.org/training or click [here](#).

ALZHEIMER'S ASSOCIATION TRIALMATCH®

A free easy-to-use clinical study matching service that connects individuals with Alzheimer's disease, caregivers, healthy volunteers and physicians with current studies. The continuously updated database of 130+ Alzheimer's clinical trials includes pharmacological and non-pharmacological research. Studies are being conducted at 500 sites across the country and online. alz.org/trialmatch or click [here](#).

MARYLAND STATISTICS* (2025)

127,200 people age 65
and older with
Alzheimer's

258,000
Number of Caregivers

292M
Total Hours of Unpaid Care

\$7.0B
Total Value of Unpaid Care
\$1.7B Medicaid costs of
caring for people with
Alzheimer's

*Alzheimer's Association 2025 Alzheimer's
Disease Facts and Figures, available at
alz.org/factsandfigures